

| FITNESS | | | | | |
|---|-----------------|---------------|-----------------------------|--------------|----------|
| Lunes | Martes | Miércoles | Jueves | Viernes | Sábado |
| 7:00 AM | | | | | |
| | Super Condition | Body Pump | Mambo Fit | | |
| Spinning | | Spinning | | Spinning | |
| 8:00 AM | | | | | |
| Body Combat | Body Pump | Body Combat | Body Pump | Body Combat | Spinning |
| 9:00 AM | | | | | |
| Yoga | Body Balance | Yoga | Body Balance | Body Balance | |
| 10:00 AM | | | | | |
| | | Yoga Prenatal | | | |
| 6:00 PM | | | | | |
| Spinning | Spinning | Spinning | Spinning | | |
| Body Jam | Super Condition | Body Jam | Super Contidion | Body Jam | |
| 7:00 PM | | | | | |
| AB/core | AB/core | AB/core | AB/core | | |
| 7:00 PM | | | | | |
| Body Pump | Mambo Fit | Body Combat | Super Condition | | |
| NATACION | | | | | |
| Lunes a Viernes 6:00 AM – 10:00 AM | | | Sábado de 8:00AM – 9:00AM | | |
| Enseñanza y entrenamiento. | | | | | |
| Lunes a Viernes 6:00 AM – 3:00 PM | | | Sábado de 8:00AM – 9:00AM | | |
| Nado libre sin instructor. | | | | | |
| Lunes a Jueves 7:00 PM – 9:00 PM | | | Viernes de 7:00PM – 8:00 PM | | |
| Enseñanza y entrenamiento y nado libre. | | | | | |

Hours of Operation:
Monday to Thursday 7am – 2pm, 4pm – 9pm
Friday 7am – 2pm, 4pm – 8pm
Saturday 8am – 1pm

Telephone: (624) 145-8609
Email: info@sporti-k.com.mx
Address: Carretera Transp. Km 6.5, Col. Fracc. Sierra Dorada
Cabo San Lucas, B.C.S., MEXICO

SALONES

| Lunes | Martes | Miércoles | Jueves | Viernes | Sábado |
|--|-----------------|-------------|----------------------------------|-------------|--------|
| 4:00 - 5:00 PM | | | | | |
| Intro Danza | Jazz | Intro Danza | Jazz | Intro Danza | |
| 5:00 - 6:00 PM | | | | | |
| Capoeira | Tap | Capoeira | Tap | | |
| 6:00 - 7:30 PM | | | | | |
| Guitarra | Comedia Musical | Guitarra | Comedia Musical | | |
| 7:00 - 8:00 PM | | | | | |
| | | | | Flamenco | |
| 7:30 - 8:30 PM | | | | | |
| Flamenco | | Flamenco | | | |
| NATACION INFANTIL | | | | | |
| Lunes, Miércoles y Viernes Todos los Niveles 4:00 PM, 5:00 PM y 6:00 PM | | | | | |
| Grupo "A" | | | | | |
| Martes y Jueves 4:00 PM y 5:00 PM | | | Sábado 9:00 AM y 10:00 AM | | |
| Grupo "B" | | | | | |
| Martes y Jueves 6:00 PM | | | Sábado 11:00 AM | | |
| Water Polo | | | | | |

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